



Girls of Promise Packing List

Be prepared for outdoor adventure, stream stumping, yoga and lots of other exciting activities!

- Outdoor jacket
- Sturdy, closed toe shoes/tennis shoes
- Loose, comfortable “yoga” pants
- Jeans
- Flip flops
- Granola bars/healthy snacks for breakfast (Lunch is provided both days & dinner is provided on Thursday evening)

If you have any other questions about what to pack please email rbuttry@womensfoundationarkansas.org!